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TMJ QUESTIONARE

____________Date_____________D.O.B.________________________

...ndicating whether or not you currently have, or ...nditions or symptoms.

1. Have you had Orthodontic treatment? yes no
2. Wisdom teeth removed? yes no
3. Do you chew gum regularly? yes no
3. Treated for a "bad bite"? yes no
4. TMJ (jaw joint) treatment? yes no
5. Sore or sensitive teeth? yes no
6. Do you have chronic headaches? yes no
7. Do you ever have migraines? yes no
8. Do you have tension headaches? yes no
9. Headaches in back of the head? yes no
10. Do you have ear pain? yes no
11. Does it hurt to open wide? yes no
12. Do you have difficulty chewing? yes no
13. Does your jaw ache when you chew? yes no
14. Pain in teeth on awakening? yes no
15. Do you have neck aches? yes no
16. Sinus problems? yes no
17. Do you snore? yes no
18. Do you have sleep apnea? yes no
19. Earaches or ear pain? yes no
20. Grating noises in ears (like grating sand particles) yes no
21. Are your teeth badly worn? yes no
22. Pain in, around, or behind eyes? yes no
23. Are you under a lot of stress? yes no
24. Whiplash or neck injury? yes no

Jaw (TMJ) symptoms

1. Have you ever been treated for jaw joint problems? yes no
2. Do you grind your teeth at night? yes no
3. Are you aware of clenching your teeth? yes no
4. Are there times when you can't open your mouth widely? yes no
5. Does it hurt to open your mouth widely? yes no
6. Has your jaw ever locked and made you unable to open/close your mouth? yes no
7. Do your jaws make a clicking or popping sound when you chew? yes no
8. Is it painful to yawn yes no
9. Do you have pain in your neck/shoulders? yes no
10. Have you ever had a severe blow to the head? yes no
11. Have you ever had a night guard/ sp[int? yes no
12. Do you currently wear a night guard/splint? yes no
13. Pain in Right jaw joint? yes no
14. Pain in left jaw joint? yes no
15. Do you hear sound in your jaw joint? yes no
16. Do you have generalized facial pain? yes no

   If yes, which side? right left

On a scale from 1 – 10 please rate your current level of pain of your jaw joints

1 2 3 4 5 6 7 8 9 10

low moderate high